



# **Middle & Senior School**

**2026 Co-curricular & Extra-curricular Handbook**

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## OVERVIEW

### 2026 Term Dates

Term 1 (10 weeks)	Wednesday Monday Thursday	28 January 9 March 2 April	Term 1 commences Adelaide Cup Public Holiday Term 1 ends
Term 2 (10 weeks)	Tuesday Monday Friday	21 April 8 June 26 June	Term 2 commences King's Birthday Public Holiday Term 2 ends
Term 3 (10 weeks)	Tuesday Friday	21 July 25 September	Term 3 commences Term 3 ends
Term 4 (8 weeks)	Monday Friday	12 October 4 December	Term 4 commences Term 4 ends

### Why Are Co-Curricular and Extra-Curricular Programs Important?

Our goal at Pulteney is to offer students practical, hands-on and meaningful experiences that enhance their skill sets, showcase their non-academic talents, and create a balanced educational experience.

Co-curricular experiences complement academic learning and contribute significantly to students' personal growth, teaching them how to live and work together. While these activities may not be part of the core curriculum, they play a crucial role in shaping students into well-rounded individuals, offering real-world, impactful experiences.

The benefits of co-curricular activities include:

- Exposure to new interests and activities
- An increased appreciation for varied experiences
- Strengthened self-confidence
- Development of specialised skills
- Fostering a sense of responsibility
- Improved academic performance
- Building stronger peer relationships

Co-curricular opportunities encompass a wide range of experiences, such as sports, music, drama, clubs, tours, events, and competitions, all of which complement our academic curriculum. These diverse offerings extend well beyond the classroom, allowing students to live out our School's values and take an active role in their learning journey.

This handbook outlines the co-curricular and extracurricular opportunities available at Pulteney, including options in sport, performing arts, special interest areas and experiential learning.



## 2026 ACTIVITY SELECTION & ACTIVITY SCHEDULE

Nominations or expressions of interest for most of Pulteney's co-curricular and extra-curricular programs are managed through a program called Clipboard. This platform streamlines the process, ensuring a seamless experience for students and families.

Please [click to access Clipboard](#) and begin your child's activity selection. To access Clipboard, you will receive a login link and a comprehensive "how-to" guide via email, providing step-by-step instructions on how to submit your nomination.

Duke of Ed and Conservation Corp Expressions of Interest are via email to:

[daniel.polkinghorne@pulteney.sa.edu.au](mailto:daniel.polkinghorne@pulteney.sa.edu.au)

And Venture Club via email to:

[jamie.buxtonstewart@pulteney.sa.edu.au](mailto:jamie.buxtonstewart@pulteney.sa.edu.au)

This booklet offers an overview of the opportunities available to Pulteney Middle and Senior School students beyond the standard curriculum. Clipboard serves as a resource for families, providing detailed information about training sessions, including schedules, times, coaches, and more.

Nominations are due by **Wednesday 3 December 2025**. We encourage you to submit your nominations on time to ensure your child's participation in the desired activities. Please contact the relevant faculty if you require assistance with nominations.

### Selection confirmation

Your child's activity selections will be confirmed in February 2026 or earlier.

### Nominal extra-curricular fees

A nominal fee applies to select extra-curricular activities to ensure continued high-quality instruction and enriching student experiences.

The activities and fees are as follows:

- Archery (Years 7–12): \$180 per student per term
- Climbing Club (Years 8-12): \$30 per student per session
- Dance: Jazz shoes are compulsory for dance troupe students. See page 7
- Dance: Pulteney Dance Jumpers cost approx.. \$80 and are compulsory for Senior Dance Troupe students and optional for Middle School Dance Troupe students (see page 7)
- Da Vinci Decathlon (Years 5-11): interstate travel costs may apply
- FIRST LEGO League Challenge Program (Years 7-10): interstate travel costs may apply
- The FUSE Cup International eSports Competition (From Years 5-12): interstate travel costs may apply
- School Musical Production (Years 7–12): \$150 Costume levy
- Tournament of Minds (Years 7 – 10): interstate travel costs may apply
- Venture Club: charges vary depending on activity/experience

These fees, structured to remain affordable, help support our commitment to providing exceptional extra-curricular opportunities for all students. Fees will be added to school fee invoices for convenience.

### 2026 Activity Schedule

To help families with activity selections, a schedule of sports, performing arts, and special interest activities is available here, enabling families to identify potential activity conflicts. Clipboard will also assist in managing scheduling clashes.

[Visit the Co-Curricular page](#) on the Parent Portal to view the 2026 Junior School Schedule or the 2026 Middle & Senior School Schedule

*Please note, these schedules are accurate at the time of this document's release.*

## SPORT

### Vision

Our sports program is a key vehicle through which children of all ages practically learn the life skills they can carry with them long after their days at Pulteney. These skills include teamwork, organisation, overcoming adversity, success is a result of the process, working outside one's comfort zone; and the importance of mateship. School sport provides students with the ability to build a variety of relationships outside the academic classroom, increasing their support network. Our Sports Department works continuously to assist each student to understand the importance of sport and physical activity on their wellbeing.

**Sporting uniform requirements:** Please note, all students must wear the new co-curricular sports uniform to comply with standards set by external sporting associations.

[View the Sport Uniform Guide Years 7 - 12](#)

Information on training days, times, fixtures, and transport is available through Clipboard.

### Commitment

- Once a student has made a commitment to a sport, they must complete the season. Attendance at matches and practice is compulsory.
- Absence from a match or practice for unavoidable reasons (eg illness) must be communicated to the Sports Department prior to absence.
- Parents seeking permission for a student to be excused from a match must apply in writing to the Sport Department at least 48 hours prior to the match.
- Students are expected to be punctual to all practices and arrive at least 30 minutes prior to the scheduled match for appropriate warm up and team meeting.

**For enquiries about sport activities and selections, please contact:**

Mr Jack Garrard, Head of Sport  
[jack.garrard@pulteney.sa.edu.au](mailto:jack.garrard@pulteney.sa.edu.au)

Jonty Millar, Sports Assistant  
[jonathon.millar@pulteney.sa.edu.au](mailto:jonathon.millar@pulteney.sa.edu.au)

Lukass Blicavs, Head of Volleyball and Basketball  
[lukass.blicavs@pulteney.sa.edu.au](mailto:lukass.blicavs@pulteney.sa.edu.au)

## Girls' Summer & Winter Sport

Summer (Terms 1 & 4)	Winter (Terms 2 & 3)
Archery* (mixed)	Athletics/Cross Country & Joggers' Club (mixed)
Athletics & Joggers Club (mixed)	Fitness
Badminton (mixed)	Football (AFL)
Basketball	Hockey (mixed)
Cricket	Netball
Rowing (mixed)	Soccer
Tennis	Table tennis (mixed)
Volleyball	Volleyball

## Boys' Summer & Winter Sport

Summer (Terms 1 & 4)	Winter (Terms 2 & 3)
Archery* (mixed)	Athletics/Cross Country & Joggers Club (mixed)
Athletics & Joggers Club (mixed)	Basketball
Badminton (mixed)	Football (AFL)
Basketball (off season & high performance)	Hockey (mixed)
Cricket	Soccer
Rowing (mixed)	Table Tennis (mixed)
Tennis	Volleyball
Volleyball	

*\*See page 4 for information about fees*

## PERFORMING ARTS

The Performing Arts at Pulteney is a platform where students can explore and develop their artistic skills through **music, dance and drama**. Students are encouraged to engage early, whether by learning an instrument, singing, or joining an ensemble, as participation fosters creativity, joy, and personal growth. Pulteney offers a variety of choirs, bands, ensembles, drama clubs, and dance groups, ensuring diversity in the program to meet students' interests.

Instrumental music tuition\* is optional but highly valued, and the co-curricular program provides essential skill-building for ensemble musicianship. All co-curricular music and dance activities are provided free of charge, and students are expected to commit to their chosen groups for the entire year, with a few exceptions.

\*Please note, applications for instrumental music are completed via the [Parent Portal](#).

### Admission to a group or ensemble

If admission to a group is by audition, then your child must express their interest in this group so as an audition can be arranged.

Acceptance into auditioned groups is subject to a successful audition and a corresponding vacancy in the group. If your child is enrolling for a non-auditioned group, you will simply need to express interest. For these groups, enrolments are based on order of application and to a limited maximum number of students in each group.

### Expectations for Performing Arts Participation

All students are expected to commit to their chosen ensembles or groups for the full year, ensuring consistent participation in rehearsals and performances. Attendance is critical for the success of both individual and group progress.

An exception is the Middle/Senior School Musical Production, which is cast in Term 4 2025 and rehearses through Semester I 2026.

### Dance Troupe Expectations

Students are required to wear their PE Uniform and Jazz Shoes in weekly Dance Troupe rehearsals. Please see details below:

Girls: Tan or Black coloured slip-on jazz shoes  
Boys: Black coloured slip-on jazz shoes

The Stage Shop, located at 50 Sir Donald Bradman Drive Mile End, keeps a record of Pulteney's dance shoe requirements. If you need to purchase shoes, please visit the shop and the staff will be happy to assist you.

[https://www.thestageshop.com.au/products/adult\\_energetiksneoprenejazzboot\\_black](https://www.thestageshop.com.au/products/adult_energetiksneoprenejazzboot_black)

Pulteney Dance Jumpers cost approximately \$80.00. This item is compulsory for Senior Dance Troupe students and optional for Middle School Dance Troupe students. Students will try on a sample size before orders are placed, and the cost will be charged to the student's school account in Term 1.

In 2026, dance troupes (Years 1-12) will focus on skill development and the Term 3 Dance Concert, supporting both Year 9 Dance and SACE Stage 1 and 2 Dance programs.

Please note the Dance Concert costume levy on page 4.

## PERFORMING ARTS

### Attendance and commitment

Regular attendance at rehearsals and performances is essential. Missing rehearsals may lead to removal from the group, and all students must participate in performances.

Students are expected to remain committed to their groups for the full year, with auditions required for some groups. Admission to auditioned groups depends on both the success of the audition and the availability of places. For non-auditioned groups, spots are filled on a first-come, first-served basis.

### Performing Arts enquiries:

Jonathon Rice, Head of Performing Arts

[jonathon.rice@pulteney.sa.edu.au](mailto:jonathon.rice@pulteney.sa.edu.au)

Laura Brougham, School Operations Officer

[laura.brougham@pulteney.sa.edu.au](mailto:laura.brougham@pulteney.sa.edu.au)

## Drum Corps

Intermediate Drum Corps

Senior Drum Corps

## Middle & Senior School Choirs, Bands and Ensembles

Senior Concert Band

Stage Band 1

Stage Band 2

Small Jazz Ensemble

Saxophone Ensemble

Guitar Ensemble

Pulteney String Orchestra

Nicholls String Ensemble

Wheaton String Ensemble

Senior Percussion Ensemble

Senior Handbell Ensemble

Grammarphones Choir

Senior Concert Choir

Jazz on the Terrace 1

Jazz on the Terrace 2

ManChoir

Small Jazz Vocal Ensemble (Year 12)

Middle School/Senior School Musical Production\*

## Middle & Senior School Dance and Drama

Middle School Dance Troupe\*

Senior School Dance Troupe\*

Musical Theatre Troupe

Middle & Senior School Drama Club

*\*Fees may apply. See page 4 and page 7 for further information.*



## SPECIAL INTEREST

At Pulteney, we are committed to providing a range of co-curricular programs that cater for a broad range of student interest. These programs challenge students in different environments and forums, to work individually or in small teams to achieve specific outcomes. Through special interest groups, Pulteney students explore new opportunities, build collaboration and communication skills and develop individual critical thinking skills.

Special Interest programs can align to curriculum outcomes in certain subjects and will enable students to challenge their thinking processes. The programs are well established, have passionate staff facilitating them and Pulteney has achieved outstanding success locally and nationally in competitions in previous years.

### Selection confirmation

Please note that this is an 'expression of interest' only, and that program coordinators will contact students and parents to finalise placements and confirm participation (including Term or Semester placement where applicable) prior to the activity's commencement.

The commencement date of programs will also be confirmed in this communication with any additional details required.

The selections that you make are for the entire year. Due to the activities running across different periods (Termly, Semesterly, and Yearly), there will not be additional selection windows occurring throughout the year. Should you wish to have these Special Interest selections changed, please contact the Head of Activities.

### Special Interest opportunities:

- Climbing Club\* (Years 8 – 12)
- Da Vinci Decathlon\* (Years 5 – 11)
- FIRST LEGO League Challenge Program\* (Years 5 – 10)
- The FUSE Cup International eSports Competition\* (Years 5 – 12)
- Secondary Chess
- Secondary Debating
- Tournament of Minds (Years 7 – 10)\*

*\*See page 4 for information about fees*

NB: Teams who win at the state level go on to represent the School and South Australia at national or international events. These events may be held interstate and will incur an associated participation fee, which will be communicated closer to the competition. Additional training will also be required for teams who progress to this level.

### Special Interest Activities enquiries:

Sarah Roff, Head of Special Interest Activities

[sarah.roff@pulteney.sa.edu.au](mailto:sarah.roff@pulteney.sa.edu.au)

## EXPERIENTIAL LEARNING

Experiential learning at Pulteney empowers students to learn through doing, actively engaging in real-world experiences and purposeful reflection to deepen their understanding, broaden their skills, and clarify their personal values. Beyond the classroom, students are encouraged to step outside their comfort zones, nurturing confidence, independence, and a love of lifelong learning.

Through diverse opportunities including service, cultural exploration, sport, conservation, outdoor education and adventure-based programs (offered locally, interstate and internationally), students develop essential capabilities that prepare them to thrive in an ever-changing world. Our programs are bespoke and carefully tailored to student interests and developmental stages, delivered by experienced staff and expert partners to ensure safety, quality, and growth.

The benefits extend far beyond the experience itself. Students learn to collaborate and communicate effectively, take responsibility for themselves and others, and appreciate the natural environment. They strengthen resilience and leadership skills, embrace challenge with a growth mindset, and develop a sense of belonging and global citizenship. Experiential learning helps shape compassionate, capable, and courageous young people, motivated to contribute positively to their communities and inspired to achieve their personal best.

### Experiential Learning Enquiries:

Daniel Polkinghorne  
Head of Learning Innovation  
[daniel.polkinghorne@pulteney.sa.edu.au](mailto:daniel.polkinghorne@pulteney.sa.edu.au)

Jamie Buxton-Stewart  
Leader of Outdoor Learning  
[jamie.buxtonstewart@pulteney.sa.edu.au](mailto:jamie.buxtonstewart@pulteney.sa.edu.au)

## Duke of Edinburgh Award

The Duke of Edinburgh's Award build skills, pushes limits, and make a real impact in your community — while earning a globally recognised achievement. Available in over 140 countries, the Award lets you design a program that's uniquely you, setting goals that challenge you to grow in confidence, resilience, and independence.

There are three levels — Bronze, Silver and Gold — and each includes:

- Skill – learn or improve something you love
- Service – give back to your community
- Physical Recreation – get active, stay healthy
- Adventurous Journey – get outdoors and explore with your team

At Pulteney, our experiential programs are aligned with the Duke of Ed framework, giving you extra skills, qualifications and recognition for the co-curricular adventures you already take on.

- **Bronze:** open to students aged 14+
- **Silver and Gold:** for students in Years 10–12 — and highly regarded by employers, universities and scholarship programs

Award participants meet regularly with staff mentors during school time and are encouraged to take part in other outdoor and community experiences that support their progress.

To register your child's interest, or for more information, email [daniel.polkinghorne@pulteney.sa.edu.au](mailto:daniel.polkinghorne@pulteney.sa.edu.au)

## Venture Club

### Venture club – adventure starts here

Love the outdoors? Keen to try something new? Venture Club provides the opportunity for students to explore amazing places, build real-world skills, and take on challenges with friends by their side.

For over 30 years, Venture Club has been a big part of life at Pulteney, bringing together students who want to learn, lead and get adventurous in the natural world.

### What participants will gain:

- Confidence to push themselves and try new things
- Skills for safe, responsible outdoor adventure
- Leadership and teamwork experience
- New friendships across year levels
- A deeper appreciation for the environment
- The ability to problem-solve and be resourceful outdoors

### Day Adventures\*

Surfing, sailing, beach days, rock climbing, mountain biking and more.

### Holiday programs

#### April Venture\*

Multi-day hiking and rock-climbing experiences in incredible locations in the Grampians and Mt Arapiles (Middle and Senior Students).

#### Flinders Rangers\*

Snorkelling with the cuttle fish, mountain biking and rock climbing in some of the best locations South Australia has to offer (Middle School students).

#### Ski Trip\*

Cross-country and downhill skiing — snow, speed and team fun! (Senior School students)

#### Yorke Peninsula\*

Ride the waves and improve your surf skills, Fishing on a chartered boat where we cook up our catch for dinner. (Middle School students)

#### New Zealand\*

Hiking the famous Tongariro crossing, sailing, mountain biking, black water rafting, zip lining and more! The adventure never stops on this 10 day extravaganza.

To register your child's interest in one or more of the above, or for more information, please contact Jamie Buxton Stewart our Head of Outdoor Learning via email [jamie.buxtonstewart@pulteney.sa.edu.au](mailto:jamie.buxtonstewart@pulteney.sa.edu.au)

*\*Fees apply; costs vary depending on the activity/experience.*

## Conservation Corps

For young people who care about the planet and want to make a real difference. Conservation Corps empowers students to take action here at Pulteney and beyond through hands-on environmental projects, community partnerships, and global sustainability initiatives.

### What participants will learn & do:

- Explore local and global conservation issues
- Lead and support positive change in our community
- Build scientific and ecological knowledge
- Develop teamwork and communication skills
- Discover future careers in conservation and eco-tourism
- Step up as a sustainability ambassador for Pulteney

Conservation Corps connects with world-wide movements including the UN Sustainable Development Goals, helping students see how even small actions can contribute to a more sustainable future.

### How to get involved

Students sign up at the start of the year and can choose their level of commitment. They can join one project, take part regularly, or help lead the group on the Student Committee. Meetings are held fortnightly during the school day, with extra opportunities to get involved throughout the year.

Expect exciting experiences like:

- Campus and local conservation projects
- Awareness campaigns and fundraiser activities
- Extended conservation trips (eg Kangaroo Island)
- Guest speakers and sustainability events
- Special excursions and camps during Conservation Week

Whether you're passionate about wildlife, climate action, oceans, forests or simply want to help build a better world, Conservation Corps gives you the chance to protect what matters and be part of the solution.

To register your child's interest, or for more information, email [daniel.polkinghorne@pulteney.sa.edu.au](mailto:daniel.polkinghorne@pulteney.sa.edu.au)

*\*Fees apply for camps and getaway experiences.*