

Middle & Senior School

2025 Cocurricular & Extracurricular Handbook

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OVERVIEW

2025 Term Dates

Term 1 (11 weeks)	Monday Wednesday Monday Friday	27 January 29 January 10 March 11 April	Australia Day Public Holiday Term 1 commences Adelaide Cup Public Holiday Term 1 ends
Term 2 (9 weeks)	Tuesday Monday Friday	29 April 9 June 27 June	Term 2 commences King's Birthday Public Holiday Term 2 ends
Term 3	Tuesday	22 July	Term 3 commences
(10 weeks)	Friday	26 September	Term 3 ends
Term 4	Monday	13 October	Term 4 commences
(8 weeks)	Friday	5 December	Term 4 ends

Why Are Co-Curricular Programs Important?

Our goal at Pulteney is to offer students practical, hands-on and meaningful experiences that enhance their skill sets, showcase their non-academic talents, and create a balanced educational experience.

Co-curricular experiences complement academic learning and contribute significantly to students' personal growth, teaching them how to live and work together. While these activities may not be part of the core curriculum, they play a crucial role in shaping students into well-rounded individuals, offering real-world, impactful experiences.

The benefits of co-curricular activities include:

- Exposure to new interests and activities
- An increased appreciation for varied experiences
- Strengthened self-confidence
- Development of specialised skills
- Fostering a sense of responsibility
- Improved academic performance
- Building stronger peer relationships

Co-curricular opportunities encompass a wide range of experiences, such as sports, music, drama, clubs, tours, events, and competitions, all of which complement our academic curriculum. These diverse offerings extend well beyond the classroom, allowing students to live out our School's values and take an active role in their learning journey.

This handbook outlines the co-curricular and extracurricular opportunities available at Pulteney in 2025, including options in sport, performing arts, and special interest areas. Additional information on experiential learning opportunities will be provided separately.

2025 Activity Selection / Expressions of Interest

Nominations or expressions of interest for cocurricular programs at Pulteney in 2025 are managed through our Clipboard system. This convenient platform streamlines the process, ensuring a seamless experience for students and families.

Please <u>click on this link to access Clipboard</u> and begin your child's activity selection. To access Clipboard, you will receive a login link and a comprehensive "how-to" guide via email, providing step-by-step instructions on how to submit your nomination.

This booklet offers an overview of the opportunities available to Pulteney Junior School students beyond the standard curriculum. Clipboard serves as a resource for families, providing detailed information about training sessions, including schedules, times, coaches, and more.

Please note that all nominations are due by Friday 29 November. We encourage you to submit your nominations on time to ensure your child's participation in the desired cocurricular activities. Please contact the relevant faculty if you require assistance with nominations.

Selection confirmation

Your child's activity selections will be confirmed in February 2025 or earlier.

Nominal extra-curricular fees

Beginning in 2025, a nominal fee will be introduced for select extra-curricular activities to ensure continued high-quality instruction and enriching student experiences. The activities and fees are as follows:

- Martial Arts (Years 1–6): \$180 per student per term
- Multisport (Years 1 & 2): \$180 per student per term
- Gymnastics (Years 1 & 2, Semester I or II): \$360 per semester
- Gymnastics (Years 3 & 4, Semester I): \$360 per semester
- Archery (Years 7–12): \$180 per student per term
- Pulteney School Musical Production (Years 7–12): \$100 Costume levy

These fees, structured to remain affordable, help support our commitment to providing exceptional extra-curricular opportunities for all students. Fees will be added to school fee invoices for convenience.

Sport enquiries:

Michelle den Dekker, Head of Sport Michelle.denDekker@pulteney.sa.edu.au

Bianca Takos , Sports Administrator Bianca.Takos@pulteney.sa.edu.au

Lukass Blicavs, Head of Volleyball and Basketball Lukass.Blicavs@pulteney.sa.edu.au

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Performing Arts enquiries:

Jonathon Rice, Head of Performing Arts Jonathon.rice@pulteney.sa.edu.au

Sophie Fox, School Operations Officer sophie.fox@pulteney.sa.edu.au

Special Interest enquiries:

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2025 ACTIVITY SCHEDULE

To help families with activity selections, a schedule of sports, performing arts, and special interest activities is available here, enabling families to identify potential activity conflicts. Clipboard will also assist in managing scheduling clashes.

View the 2025 Junior School Summer (Terms 1 & 4) & Winter (Terms 2 & 3) Schedule

View the 2025 Junior School Summer (Terms 1 & 4) & Winter (Terms 2 & 3) Schedule

Please note, these schedules are accurate at the time of this document release.

SPORT

Vision

Our sports program is a key vehicle through which children of all ages practically learn the life skills they can carry with them long after their days at Pulteney. These skills include teamwork, organisation, overcoming adversity, success is a result of the process, working outside one's comfort zone; and the importance of mateship. School sport provides students with the ability to build a variety of relationships outside the academic classroom, increasing their support network. Our Sports Department works continuously to assist each student to understand the importance of sport and physical activity on their wellbeing.

Sporting uniform requirements: Please note that from 2025, all students must wear the new co-curricular sports uniforms to comply with standards set by external sporting associations. <u>View the Sport Uniform Guide Years 7 - 12</u>

Information on training days, times, fixtures, and transport is available through Clipboard.

Commitment

- Once a student has made a commitment to a sport, they must complete the season. Attendance at matches and practice is compulsory.
- Absence from a match or practice for unavoidable reasons (eg illness) must be communicated to the Sports Department prior to absence.
- Parents seeking permission for a student to be excused from a match must apply in writing to the Sport Department at least 48 hours prior to the match.
- Students are expected to be punctual to all practices and arrive at least 30 minutes prior to the scheduled match for appropriate warm up and team meeting.

Girls' Summer & Winter Sport 2025

Summer (Terms 1 & 4)	Winter (Terms 2 & 3)
Basketball	Netball
Cricket	Soccer
Tennis	Football (AFL)
Volleyball	Volleyball
Archery (mixed)	Fitness
Badminton (mixed)	Hockey (mixed)
Swimming (mixed)	Table tennis (mixed)
	Athletics mixed, cros country & Joggers' Club

Boys' Summer & Winter Sport 2025

Summer (Terms 1 & 4)	Winter (Terms 2 & 3)
Basketball (off season & high performance)	Basketball
Cricket	Soccer
Tennis	Football (AFL)
Volleyball	Volleyball
Archery (mixed)	Hockey (mixed)
Badminton (mixed)	Table Tennis (mixed)
Swimming (mixed)	Athletics & Joggers Club (mixed)
Rowing (mixed)	
Athletics (mixed)	
Joggers Club (mixed)	

PERFORMING ARTS

The Performing Arts at Pulteney is a platform where students can explore and develop their artistic skills through **music**, **dance** and **drama**. Students are encouraged to engage early, whether by learning an instrument, singing, or joining an ensemble, as participation fosters creativity, joy, and personal growth. Pulteney offers a variety of choirs, bands, ensembles, drama clubs, and dance groups, ensuring diversity in the program to meet students' interests.

Instrumental music tuition* is optional but highly valued, and the co-curricular program provides essential skill-building for ensemble musicianship. All co-curricular music and dance activities are provided free of charge, and students are expected to commit to their chosen groups for the entire year, with a few exceptions.

*Please note, applications for instrumental music are completed via the <u>Parent Portal</u>.

Admission to a group or ensemble

If admission to a group is by audition, then your child must express their interest in this group so as an audition can be arranged.

Acceptance into auditioned groups is subject to a successful audition and a corresponding vacancy in the group. If your child is enrolling for a non-auditioned group, you will simply need to express interest. For these groups, enrolments are based on order of application and to a limited maximum number of students in each group.

Expectations for Performing Arts Participation General expectations

All students are expected to commit to their chosen ensembles or groups for the full year, ensuring consistent participation in rehearsals and performances. Attendance is critical for the success of both individual and group progress.

Middle and Senior School (Years 7-12)

Commitment is for the full year, with the exception of the Middle/Senior Musical Production, which is cast in Term 4 and rehearses through Semester I of the following year.

In 2025, seven dance troupes (Years 1-12) will focus on skill development and the Term 3 Dance Concert, supporting both Year 9 Dance and SACE Stage 1 and 2 Dance programs.

Attendance and commitment

Regular attendance at rehearsals and performances is essential. Missing rehearsals may lead to removal from the group, and all students must participate in performances.

Students are expected to remain committed to their groups for the full year, with auditions required for some groups. Admission to auditioned groups depends on both the success of the audition and the availability of places. For non-auditioned groups, spots are filled on a firstcome, first-served basis.

Drum Corps

Intermediate Drum Corps Senior Drum Corps

Middle & Senior School Choirs, Bands and Ensembles

Senior Concert Band Stage Band 1 Stage Band 2 Small Jazz Ensemble Saxophone Ensemble Guitar Ensemble Senior String Ensemble / Nicholls String Quintet / Wheaton String Octet Senior Percussion Ensemble Senior Handbell Ensemble Grammarphones Choir Senior Concert Choir Jazz on the Terrace 1 Jazz on the Terrace 2 ManChoir Small Jazz Vocal Ensemble

Middle & Senior School Dance and Drama

Middle School Dance Troupe Senior School Dance Troupe Musical Theatre Troupe Middle & Senior School Drama Club

Music Clubs

Songwriting Club Rock Band DJ Club Podcasting Club

SPECIAL INTEREST

At Pulteney, we are committed to providing a range of co-curricular programs that cater for a broad range of student interest. These programs challenge students in different environments and forums, to work individually or in small teams to achieve specific outcomes. Through special interest groups, Pulteney students explore new opportunities, build collaboration and communication skills and develop individual critical thinking skills.

Special Interest programs can align to curriculum outcomes in certain subjects and will enable students to challenge their thinking processes. The programs are well established, have passionate staff facilitating them and Pulteney has achieved outstanding success locally and nationally in competitions in previous years.

Selection confirmation

Please note that this is an 'expression of interest' only, and that program coordinators will contact students and parents to finalise placements and confirm participation (including Term or Semester placement where applicable) prior to the activity's commencement.

The commencement date of programs will also be confirmed in this communication with any additional details required.

The selections that you make are for the entire year. Due to the activities running across different periods (Termly, Semesterly, and Yearly), there will not be additional selection windows occurring throughout the year. Should you wish to have these Special Interest selections changed, please contact the Head of Activities.

Special Interest opportunities:

- Climbing Club
- FIRST LEGO League Challenge Program (From Year 5)
- The FUSE Cup International eSports Competition (From Year 5)
- Secondary Chess
- Secondary Debating
- Tournament of Minds