

# **Junior School**

2025 Cocurricular & Extracurricular Handbook

# **Contents**

	Page
Overview	3
2025 Acitvity selection / expressions of interest	4
2025 Activity schedules	5
Junior Sport program overview & 2025 Sport Options for Years 1 – 6	6 - 7
Junior Performing Arts program overview	8-9
Junior Performing Arts Options	10
Junior Special Interest activity overview and options	11

# **OVERVIEW**

#### 2025 Term Dates

Term 1 (11 weeks)	Monday <b>Wednesday</b> Monday <b>Friday</b>	<ul><li>27 January</li><li>29 January</li><li>10 March</li><li>11 April</li></ul>	Australia Day Public Holiday Term 1 commences Adelaide Cup Public Holiday Term 1 ends
Term 2 (9 weeks)	Tuesday Monday Friday	29 April 9 June 27 June	Term 2 commences King's Birthday Public Holiday Term 2 ends
Term 3	Tuesday	22 July	Term 3 commences Term 3 ends
(10 weeks)	Friday	26 September	
Term 4	Monday	13 October	Term 4 commences Term 4 ends
(8 weeks)	Friday	5 December	

# Why Are Co-Curricular Programs Important?

Our goal at Pulteney is to offer students practical, hands-on and meaningful experiences that enhance their skill sets, showcase their non-academic talents, and create a balanced educational experience.

Co-curricular experiences complement academic learning and contribute significantly to students' personal growth, teaching them how to live and work together. While these activities may not be part of the core curriculum, they play a crucial role in shaping students into well-rounded individuals, offering real-world, impactful experiences.

The benefits of co-curricular activities include:

- Exposure to new interests and activities
- An increased appreciation for varied experiences
- Strengthened self-confidence
- Development of specialised skills
- Fostering a sense of responsibility
- Improved academic performance
- Building stronger peer relationships

Co-curricular opportunities encompass a wide range of experiences, such as sports, music, drama, clubs, tours, events, and competitions, all of which complement our academic curriculum. These diverse offerings extend well beyond the classroom, allowing students to live out our School's values and take an active role in their learning journey.

This handbook outlines the co-curricular and extracurricular opportunities available at Pulteney in 2025, including options in sport, performing arts, and special interest areas. Additional information on experiential learning opportunities will be provided separately.

# **2025 Activity Selection / Expressions of Interest**

Nominations or expressions of interest for cocurricular programs at Pulteney in 2025 are managed through our Clipboard system. This convenient platform streamlines the process, ensuring a seamless experience for students and families.

Please <u>click on this link to access Clipboard</u> and begin your child's activity selection. To access Clipboard, you will receive a login link and a comprehensive "how-to" guide via email, providing step-by-step instructions on how to submit your nomination.

This booklet offers an overview of the opportunities available to Pulteney Junior School students beyond the standard curriculum. Clipboard serves as a resource for families, providing detailed information about training sessions, including schedules, times, coaches, and more.

Please note that all nominations are due by **Friday 29 November**. We encourage you to submit your nominations on time to ensure your child's participation in the desired co-curricular activities. Please contact the relevant faculty if you require assistance with nominations.

# Selection confirmation

Your child's activity selections will be confirmed in February 2025 or earlier.

### Nominal extra-curricular fees

Beginning in 2025, a nominal fee will be introduced for select extra-curricular activities to ensure continued high-quality instruction and enriching student experiences.

The activities and fees are as follows:

- Martial Arts (Years 1–6): \$180 per student per term
- Multisport (Years 1 & 2): \$180 per student per term
- Gymnastics (Years 1 & 2, Semester I or II): \$360 per semester
- Gymnastics (Years 3 & 4, Semester I):
   \$360 per semester
- Archery (Years 7–12): \$180 per student per term
- Pulteney School Musical Production (Years 7–12): \$100 Costume levy

These fees, structured to remain affordable, help support our commitment to providing exceptional extra-curricular opportunities for all students. Fees will be added to school fee invoices for convenience.

## Sport enquiries:

Ben Searle , Head of Junior Sport ben.searle@pulteney.sa.edu.au

Sports.Department@pulteney.sa.edu.au

#### Performing Arts enquiries:

Jonathon Rice, Head of Performing Arts Jonathon.rice@pulteney.sa.edu.au

Sophie Fox, School Operations Officer sophie.fox@pulteney.sa.edu.au

## Special Interest enquiries:

Zachery Heynen, Head of Activities zachery.heynen@pulteney.sa.edu.au

# 2025 ACTIVITY SCHEDULE

To help families with activity selections, a schedule of sports, performing arts, and special interest activities is available here, enabling families to identify potential activity conflicts. Clipboard will also assist in managing scheduling clashes.

View the 2025 Junior School Summer (Terms 1 & 4) & Winter (Terms 2 & 3) Schedule

View the 2025 Junior School Summer (Terms 1 & 4) & Winter (Terms 2 & 3) Schedule

Please note, these schedules are accurate at the time of this document release.

# **SPORT**

#### Vision

Our sports program fosters essential life skills for students of all ages, preparing them for life beyond Pulteney. In the Junior School, we focus on participation and inclusion, encouraging students to enjoy the social benefits of team sports.

Reception-Year 2: Introductory, skill-based programs centered on play activities and minor games.

Years 3-6: Organised competitive activities, fostering teamwork and an appreciation for the game. Matches are played mid-week or on weekends, with practice details provided in this booklet.

Clipboard provides initial information for each sporting option available to students from Reception to Year 6 and includes information on training days, times, fixtures, and transport.

Please review the sporting options with your child and submit a nomination form (one per child) for their sport(s) selection for the entire year.

While all care is taken to provide accurate information, please be aware that changes from external organisations can occur on occasions. The sports and activities offered may differ slightly, depending on student interest.

Information about extreme weather, safe environments and sport uniform can be found on the Parent Portal via https://parents.pulteney.sa.edu.au/

## Reception students

Activity selection for students in Reception in 2025 will be sent to parents in Term 2 2025.

For Reception students, parents/caregivers can only nominate their child for one co-curricular sport and in Terms 3 and 4 only, and the invitation for parents to make their activity selection will be sent in Term 2 2025.

#### Year 1 & 2

There are four sport selection periods for students in Years 1 and 2, allowing them the opportunity to try a different activity each Term.

#### Years 3 - 6

Students in Years 3 to 6 have two selection periods for co-curricular sport:

• Summer: Term 1 and Term 4

• Winter: Term 2 & Term 3

Nomination for all sports is a commitment for 2 terms (full season). Please note, students from Year 1 to Year 4 may only nominate for one semester of Gymnastics due to limited capacity for this activity.

Students can nominate more than one sport per season or Term, as long as the activities or matches do not clash.

Sporting uniform requirements: Please note that from 2025, all students must wear the new co-curricular sports uniforms to comply with standards set by external sporting associations. View the Sport Uniform Guide Years 7 - 12

# **SPORT**

#### Commitment

- Once a student has made a commitment to a sport, they must complete the season. Attendance at matches and practice is compulsory.
- Absence from a match or practice for unavoidable reasons (eg illness) must be communicated to the Sports Department prior to absence.
- Parents seeking permission for a student to be excused from a match must apply in writing to the Sport Department at least 48 hours prior to the match.
- Students are expected to be punctual to all practices and arrive at least 30 minutes prior to the scheduled match for appropriate warm up and team meeting.

# Year I – 2 Summer & Winter Sport Options

Please note that all nominations other than Gymnastics (run as Semester 1 and Semester 2) are for ONE TERM only.

Term 1	Term 2	Term 3	Term 4
Athletics	Australian Rules Football	Australian Rules Football	Athletics
Basketball	Martial Arts	Martial Arts	Basketball
Cricket	Multisport	Multisport	Cricket
Martial Arts	Netball	Netball	Martial Arts
Multisport	Soccer	Soccer	Multisport
Tennis	Gymnastics	Gymnastics	Tennis
Gymnastics			Gymnastics

# Year 3 - 6 Summer & Winter Sport Options

Please note that all nominations other than Gymnastics (Term 1 and 2) and Athletics / Cross Country are a two-term commitment.

Summer (Terms 1 & 4)	Winter (Terms 2 & 3)
Athletics	Athletics / Cross Country
Basketball	Australian Rules Football (AFL)
Cricket	Gymnastics
Gymnastics (Years 3 & 4 only)	Hockey
Martial Arts	Martial Arts
Swimming (Year 6 only)	Netball
Tennis	Soccer
Volleyball	

# **PERFORMING ARTS**

The Performing Arts at Pulteney is a platform where students can explore and develop their artistic skills through music, dance and drama. Students are encouraged to engage early, whether by learning an instrument, singing, or joining an ensemble, as participation fosters creativity, joy, and personal growth. Pulteney offers a variety of choirs, bands, ensembles, drama clubs, and dance groups, ensuring diversity in the program to meet students' interests.

Instrumental music tuition\* is optional but highly valued, and the co-curricular program provides essential skill-building for ensemble musicianship. All co-curricular music and dance activities are provided free of charge, and students are expected to commit to their chosen groups for the entire year, with a few exceptions.

- \*Please note, applications for instrumental music are completed via the <u>Parent Portal</u>.
- \*All Brass, woodwind and percussion instruments are available to students Years 3 and up. Children in Reception Year 2 are offered Violin or Piano.

## Admission to a group or ensemble

If admission to a group is by audition, then your child must express their interest in this group so as an audition can be arranged.

Acceptance into auditioned groups is subject to a successful audition and a corresponding vacancy in the group. If your child is enrolling for a non-auditioned group, you will simply need to express interest. For these groups, enrolments are based on order of application and to a limited maximum number of students in each group.

# Expectations for Performing Arts Participation General expectations

All students are expected to commit to their chosen ensembles or groups for the full year, ensuring consistent participation in rehearsals and performances. Attendance is critical for the success of both individual and group progress.

## Junior School (Years 1 - 6)

Commitment is required for the entire year, except for Year 3/4 and Year 5/6 Drama Clubs, which operate per semester.

In 2025, the weekly dance troupes will work towards the Term 3 Dance Concert, and consistent attendance is essential for preparation.

# Junior School Choirs, Bands and Ensembles

- Junior Kurrajong Choir (Reception Year 2)
- Junior Concert Choir (Year 3 4)
- Junior Concert Choir (Year 5 6)
- Junior Drum Corps (Year 3 6)
- Junior Guitar Ensemble (Year 1 6)
- Junior String Ensemble (Year 3-6)
- Junior String Stars Ensemble (Year 1-6)
- Junior Percussion Ensemble (Year 3 6)
- Junior Concert Band (Year 3 6)
- Junior Handbell Ensemble (Year 4 6)

# **Junior School Dance**

Junior Dance Troupes

- Year 1
- Year 2
- Year 3
- Year 4
- Year 5/6

# Junior School Drama

- Year 3/4 Drama Club
- Year 5/6 Drama Club



# **SPECIAL INTEREST**

At Pulteney, we are committed to providing a range of co-curricular programs that cater for a broad range of student interest. These programs challenge students in different environments and forums, to work individually or in small teams to achieve specific outcomes. Through special interest groups, Pulteney students explore new opportunities, build collaboration and communication skills and develop individual critical thinking skills.

Special Interest programs can align to curriculum outcomes in certain subjects and will enable students to challenge their thinking processes. The programs are well established, have passionate staff facilitating them and Pulteney has achieved outstanding success locally and nationally in competitions in previous years.

### Selection confirmation

Please note that this is an 'expression of interest' only, and that program coordinators will contact students and parents to finalise placements and confirm participation (including Term or Semester placement where applicable) prior to the activity's commencement.

The commencement date of programs will also be confirmed in this communication with any additional details required.

The selections that you make are for the entire year. Due to the activities running across different periods (Termly, Semesterly, and Yearly), there will not be additional selection windows occurring throughout the year. Should you wish to have these Special Interest selections changed, please contact the Head of Activities.

## Special Interest opportunities:

- After School Chinese Language Program (Reception Year 6)
- Computer Club (Year 3 − 6)
- Craft (Year 3 − 6)
- Yoga (Year 3 − 6)
- Textiles & Enterprise (Year 3 − 6)
- Tournament of Minds Primary (Year 4 6)
- Junior Chess (Year 2 6)
- Junior School Debating (Year 5 & 6)
- FIRST LEGO League Challenge Program (From Year 5)
- The FUSE Cup International eSports Competition (From Year 5)