

**2025 COCURRICULAR & EXTRACURRICULAR SUMMER SCHEDULE (Middle / Senior) - Term 1 & 4**

**MONDAY**

Before School			Lunchtime			After School		
Swimming Years 6-12	6:30am - 7:30am	Pridham Hall	Basketball Training Girls	1:10pm - 1:50pm	Robert Henshall Gym	Volleyball All Girls	3:45pm - 5:15pm	Robert Henshall Gym
Volleyball Boys All	6:45am - 8:15am	Robert Henshall Gym	Man Choir	10:20am-10:40am	Band Room (Nicholls Building)	Athletics Sprints/Strength (T1/4)	3:45pm - 4:30pm	Various Meets
Rowing Years 9-12 (T1)	5:00am - 8:00am	West Lakes	Senior Guitar Ensemble	1.15pm-1.45pm	Music Classroom (Nicholls Building)	Rowing Year 8 (T1)	4:00pm - 6:00pm	Torrens Boat Club
Rowing Years 9-12 (T4)	5:45am - 8:00am	Torrens Boat Club				Basketball - Girls Games	4:00pm-6:00pm	Home and Away Fixtures
						Rowing Years 8 (T4)	4:00pm - 6:00pm	Torrens Boat Club
						Senior Concert band	3.45pm - 4.45pm	Wyatt Hall
						Stage Band 1	5.00pm - 6.00pm	Wyatt Hall

**TUESDAY**

Before School			Lunchtime			After School		
Cricket Years 7/8 and Year 9	7:30am - 8:15am	Harris Nets	Badminton	1:10pm - 1:50pm	Robert Henshall Gym	Rowing Years 7 Session	4:00pm - 6:00pm	Torrens Boat Club
Tennis ALL Boys and Girls	6:45am - 8:15am	Tennis Centre	Chess Club	1:10pm - 1:50pm	GLC 2.1	Rowing Year 9-12 Fitness (T 1&4)	4:00pm - 6:00pm	Torrens Boat Club
Basketball Boys Academy (Senior) Training	7:00am - 8:15am	Robert Henshall Gym				Cricket Boys 1st X1 + 2nd X1	3:45pm - 5:00pm	Morgan Oval Nets
Athletics FIELD (T1)	7:20am - 8:20am	Athletics FIELD				Basketball Boys (Off Season) Session	3:45pm - 5:00pm	Robert Henshall Gym
Grammarphones Choir	7.35am-8.20am	Wyatt Hall				Basketball (Small Group) Sessions	5:00pm -6:30pm	Robert Henshall Gym
						Senior Dance Troupe	3.45pm - 4.45pm	Dance Factory
						Senior Strings Ensemble	3.45pm - 4.45pm	Band Room (Nicholls Building)
						Nicholls String Quartet +Wheaton Octet	5.00pm - 6.00pm	Strings/Vocal Room (Nicholls Building)

**WEDNESDAY**

Before School			Lunchtime			After School		
Volleyball Girls ALL	6:45am - 8:15am	Robert Henshall Gym	Intermediate Drum Corps	1.15pm - 1.45pm	Band Room (Nicholls Building)	Archery	3.45pm - 5.00pm	Adelaide Archery Club
Rowing Years 9-12 (T1)	5:00am - 8:00am	West Lakes	Podcasting Club	1.15pm - 1.45pm	Music Tech Room (Nicholls Building)	Junior Sport Offering	3:45pm - 5:00pm	Robert Henshall Gym
Rowing Years 9-12 (T4)	5:45am - 8:00am	West Lakes				Rowing Years 8 (T1&4)	4:00pm - 6:00pm	Torrens Boat Club
Senior Concert Choir	7.35am - 8.20am	Wyatt Hall				Small Jazz Ensemble	3.45pm - 4.45pm	Band Room (Nicholls Building)

**THURSDAY**

Before School			Lunchtime			After School		
Basketball Academy (S&C) Group 1	7:00am - 8:00am	Torrens Boat Club	Cricket Girls	1:10pm - 1:50pm	Morgan Nets	Volleyball - Boys	3:45pm - 5:30pm	Robert Henshall Gym
Tennis ALL Boys and Girls	7:00am - 8:15am	Tennis Centre	Songwriting Club	1.15pm - 1.45pm	Music Classroom (Nicholls Building)	Cricket Years 7/8 + Year 9	3:45pm - 5:00pm	Vaughton and Turf Nets
EmpowerHER Fitness	7:00am - 8:15am	Robert Henshall Gym	Jazz on the Terrace 2	1.15pm - 1.45pm	Strings/Vocal Room (Nicholls Building)	Rowing Years 9-12 (T1 &4) Fitness	4:00pm - 5:45pm	Torrens Boat Club
Stage Band 2	7.20am - 8.20am	Band Room (Nicholls Building)				Rowing Year 7 Session	4:00pm - 5:45pm	Torrens Boat Club
Senior Handbells Ensemble	7.20am - 8.20am	Music Classroom (Nicholls Building)				Basketball Academy (S&C) Group 2	3:45pm - 4:45pm	Pulteney Active Gym
						Jazz on the Terrace 2	3.45pm - 4.45pm	Strings/Vocal Room (Nicholls Building)
						Rock Band	3.45pm - 4.45pm	Band Room (Nicholls Building)
						DJ Club	3.45pm - 4.45pm	Music Tech Room (Nicholls Building)

**FRIDAY**

Before School			Lunchtime			After School		
Athletics - National All Schools Prep (T4)						Volleyball All Boys Games	6:00pm - 10:00pm	Home and Away (Robert Henshall Gym)
Athletics - Middle/Long Distance/ Strength (T1/4)	7:20am - 8:15am	Adelaide Harriers				Cricket Girls Games	4:00pm - 5:30pm	Home and Away
Basketball Academy (Middle ) Training	7:00am - 8:15am	Robert Henshall Gym				Cricket X1 T20 Games	4:00pm - 6:00pm	Home and Away
Swimming Years 6-12	6:30am - 8:00am	Pridham Hall						
Senior Drum Corps (MAY NEED TO CHANGE DAY)	7.20am - 8.20am	Band Room (Nicholls Building)						

**SATURDAY GAMES**

AM		
Tennis Games AM	8:00am - 10:00am	Home and Away
Rowing Regattas & Training (T1 &4)	AM	Regattas as advised
Volleyball Girls Games	8:00am - 11:00am	Home and Away
Badminton Games	8:00am - 11:00am	Home and Away
Cricket Games	8:00am - 11:30am	Home and Away

**2025 COCURRICULAR & EXTRACURRICULAR WINTER SCHEDULE (Middle / Senior) - Term 2 & 3**

**MONDAY**

Before School			Lunchtime			After School		
Soccer Open Seniors	7.00am - 8.15am	Vaughton Oval	ManChoir	10.20am - 10.40am	Band Room (Nicholls Building)	AFL Middle & Senior Boys	3.45pm - 5.15pm	Morgan & Atkinson Oval
Volleyball All Boys	6.45am - 8.15am	Robert Henshall Gym	Senior Guitar Ensemble	1.15pm - 1.45pm	Music Classroom (Nicholls Building)	Soccer All Girls	3.45pm - 5.00pm	Vaughton Oval
						Volleyball All Girls	3.45pm - 5.15pm	Robert Henshall Gym
						Athletics - Sprints (T3)	3.45pm - 4.30pm	Harriers
						Athletics - Cross Country /Strength Training (T2)	3.45pm - 5.00pm	Harriers Oval
						Senior Concert band	3.45pm - 4.45pm	Wyatt Hall
						Stage Band I	5.00pm - 6.00pm	Wyatt Hall

**TUESDAY**

Before School			Lunchtime			After School		
Basketball Senior & Middle A	7.15am - 8.15am	Robert Henshall Gym	Chess Club	1.10pm - 1.50pm	GLC 2.1	Hockey Training	3.45pm - 5.15pm	Hockey Centre
Soccer Middle Boys S & C	7.00am - 8.15am	Vaughton Oval				Table Tennis Training	3.45pm - 5.00pm	Wyatt Hall
EmpowerHER Fitness	7.00am - 8.15am	Pulteney Active Gym				Netball Girls Year 7-12	3.45pm - 5.15pm	SAUCNA Courts
Athletics - Field (T3)	7.30am - 8.15am	Harriers Ovals				Basketball Middle B/C/D + Year 7	3.45pm - 5.00pm	Robert Henshall Gym
Grammaphones Choir	7.35am - 8.20am	Wyatt Hall				Senior Dance Troupe	3.45pm - 4.45pm	Dance Factory
						Senior Strings Ensemble	3.45pm - 4.45pm	Band Room (Nicholls Building)
						Nicholls String Quartet +Wheaton Octet	5.00pm - 6.00pm	Strings/Vocal Room (Nicholls Building)

**WEDNESDAY**

Before School			Lunchtime			After School		
Volleyball Girls ALL	7.00am - 8.15am	Robert Henshall Gym	Intermediate Drum Corps	1.15pm - 1.45pm	Band Room (Nicholls Building)	Soccer Girls	3.45pm - 5.30pm	Games Home and Away
Basketball S&C	7.00am - 8.00am	Torrens Boat Shed / Pulteney Active Gym TBC	Podcasting Club	1.15pm - 1.45pm	Music Tech Room (Nicholls Building)	AFL Middle & Senior Boys	4.00pm - 5.30pm	Games Home and Away
Senior Concert Choir	7.35am - 8.20am	Wyatt Hall				Soccer Senior Boys	4.00pm - 5.30pm	Games Home and Away
						Hockey Middle	3.45pm - 5.30pm	Games Home and Away
						Basketball Small Group Sessions	3.45pm - 5.15pm	Robert Henshall gym
						Basketball Senior A/B/C	5.15pm - 6.30pm	Robert Henshall Gym
						Athletics - Cross Country Meets (None Wednesday 4th June)	3.45pm - 5.00pm	Various
						Rowing - Winter program	4.00pm -6:00pm	Torrens Boat Shed
						Small Jazz Ensemble	3.45pm - 4.45pm	Band Room (Nicholls Building)

**THURSDAY**

Before School			Lunchtime			After School		
EmpowerHER Fitness	7.00am - 8.15am	Pulteney Active Gym	Songwriting Club	1.15pm - 1.45pm	Music Classroom (Nicholls Building)	Volleyball Boys ALL	3.45pm - 5.15pm	Robert Henshall Gym
Soccer Recovery Session - Middle	7.00am - 8.15am	Harriers Ovals	Jazz on the Terrace 2	1.15pm - 1.45pm	Strings/Vocal Room (Nicholls Building)	Middle Boys Soccer	3.45pm - 5.00pm	Vaughton Oval
Stage Band 2	7.20am - 8.20am	Band Room (Nicholls Building)				AFL Middle & Senior Girls	3.45pm - 5.00pm	Morgan Oval
Senior Handbells Ensemble	7.20am - 8.20am	Music Classroom (Nicholls Building)				AFL Year 6/7 Boys	3.45pm - 5.00pm	Atkinson Oval
						Jazz on the Terrace 2	3.45pm - 4.45pm	Strings/Vocal Room (Nicholls Building)
						Rock Band	3.45pm - 4.45pm	Band Room (Nicholls Building)
						DJ Club	3.45pm - 4.45pm	Music Tech Room (Nicholls Building)

**FRIDAY**

Before School			Lunchtime			After School		
Athletics - Middle/Long Distance & Field/Sprint Strength (T3)	7.20am - 8.15am					AFL Middle & Senior Girls	4.10pm - 5.30pm	Home and Away
Athletics - Cross Country + Comp Prep/Strength (T2)	7.20am - 8.15am	Adelaide Harriers				Table Tennis Competition	4.15pm - 6.00pm	Home and Away (Robert Henshall Gym)
AFL Senior Boys	7.00am - 8.15am	Morgan Oval				Year 7 Basketball	4.00pm - 6.00pm	TBC
Basketball Middle B/C/D	7.15am - 8.15am	Robert Henshall Gym				All Volleyball Games	6.00pm - 10.00pm	Home and Away
Soccer Senior Boys Recovery	7.00am - 8.15am	Adelaide Harriers						
Senior Drum Corps (MAY NEED TO CHANGE DAY)	7.20am - 8.20am	Band Room (Nicholls Building)						

**SATURDAY GAMES**

AM		
Netball Girls	8.00am - 10.30am	
Soccer Middle Boys	8.00am - 11.00am	
Hockey Senior	8.00am - 10.30am	
AFL Year 6/7 Boys	8.00am - 10.30am	
Basketball A B C	8.00am - 10.30am	
Basketball Middle	8.00am - 10.30am	