

# **Junior School**

Sport Handbook 2023

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Sport at Pulteney will create an opportunity for students to come together, build confidence, develop leadership and skill set, acceptance and provide a sense of belonging through commitment and engagement.

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NAVY BLUES

Emma Bahr, Pulteney Head of Sport

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### Introduction

#### Vision

Our sports program is a key vehicle through which children of all ages practically learn the life skills they can carry with them long after their days at Pulteney.

These skills include:

- teamwork;
- organisation;
- overcoming adversity;
- success is a result of the process;
- working outside one's comfort zone; and
- the importance of mateship.

School sport provides students with the ability to build a variety of relationships outside the academic classroom, increasing their support network. Our Sports Department works continuously to assist each student to understand the importance of sport and physical activity on their wellbeing.

#### Junior School Sport Overview

Our aim in Junior School Sport is to enable all children to participate in a variety of sports, with a focus on participation and inclusion. Participation in sport from an early age allows students to have fun while experiencing the important social aspects of being part of a team.

We aim to provide students with a comprehensive and balanced program of sporting activities.

Summer sport season:	Terms 1 & 4
Winter sport season:	Terms 2 & 3

Reception to Year 2 students access introductory skills-based programs that focus on skill development through play activities and minor games before proceeding onto more formal competition-based sports from Year 3 on. These activities include Netty, AUSKICK Football, MiniRoos Soccer and Hot Shots tennis. Programs are run mid-week after school.

Students in Years 3 to 6 can participate in organised competitive activities, which encourage an appreciation of playing games and teamwork. Matches are played mid-week after School or on weekends. Information about practice times and matches are available in this booklet.

The Junior School Sport Booklet provides initial information for each sporting option available to students from Reception to Year 6. Please review the sporting options with your child and submit a nomination form (one per child) for their sport(s) selection for the entire year.

Complete your child's 2023 sport nomination Please complete the <u>online nomination form</u> by Friday 2 December 2022.

While all care is taken to provide accurate information, please be aware that changes from external organisations can occur on occasions. The sports and activities offered may differ slightly, depending on student interest.

#### Enquiries

Please contact the Junior School Head of Sport, Mr Ben Searle, via email <u>ben.searle@pulteney.sa.edu.au</u> for any queries.

## Nomination information

#### Nomination process:

Parents/caregivers are required to nominate the sports for which their child seeks selection in the following year.

This process is completed online via invitation from the Sport Department in Term 4, at which time the selection is made for the entire year. Please understand your nomination is considered final.

When making your child's sport selection for activities in 2023, please be aware of the following:

#### Reception

For Reception students, parents/caregivers can nominate their child for co-curricular sports in Terms 3 and 4. This gives students the first half of the year to settle into their schooling. Information and nomination forms will be sent out to families during Term 2.

#### Year 1 & 2

There are four sport selection periods for students in Years 1 and 2, allowing them the opportunity to try a different activity each Term.

#### Years 3 – 6

Students in Years 3 to 6 have three selection periods for co-curricular sport:

- Term 1
- Terms 2 & 3
- Term 4

Please note, students from Year 1 to Year 4 may only nominate for one semester of Gymnastics due to limited capacity for this activity.

Students can nominate more than one sport per season or Term, as long as the activities or matches do not clash.

#### Submission requirements:

It is important for all nominations to be submitted on time and in line with the due dates to ensure that the appropriate number of teams are submitted to the sporting associations and contacts for third party coaches.

#### Late nomination:

Late nominations will only be accepted if there is space available in the requested sport. Please email: ben.searle@pulteney.sa.edu.au

#### Wait lists:

Waiting lists will be kept for sports/activities that are capped in numbers such as Gymnastics and Aikido. Being on a wait list does not guarantee a place in the activity. Being offered a place from a wait list does not necessitate a change; a child may choose not to accept the offered place.

If team numbers are large, a roster will be established to ensure fair participation.

#### Activity change/withdrawal

Should an unforeseen circumstance occur, and a change/withdrawal needs to be made from a nominated sport/activity, this will only be facilitated under the following conditions:

- Provision of parent note and/or doctor's certificate indicating medical requirement
- Sufficient spaces are available in the sport into which the student wishes to transfer, without inconveniencing other students (particularly team sport)
- Sufficient notice is given (at Junior Head of Sport's discretion)

#### Selection confirmation:

The Head of Junior School Sport will confirm with families the sport(s) and team(s) in January 2023 and then prior to the season / term commencing.

## **General information**

#### Sport Uniform

All students who represent Pulteney Grammar School are expected to wear the correct uniform and sporting attire at training and matches. The uniform requirements are outlined in each specific sports section. It is the responsibility of the parent/caregiver and student to ensure the correct uniform is worn at each training and match.

Uniforms are to be purchased at the Pulteney Uniform Shop. Please visit the <u>Parent Portal</u> for information about the Uniform Shop.

#### Safe environments

Students are supported by coaches and staff to play sport in a safe, respectful and supportive environment. Adults understand and model ethical behaviour and exercise informed judgements in dealings with students, parents and the community.

While coaches and team managers do their best to ensure the safety and wellbeing of young children, parents/caregivers must accompany students when departing from sporting venues unless prior arrangements have been made and communicated to the coaches or staff.

Reception – Year 6 students who are not collected at the end of training will be taken to OHSC.

#### Extreme weather

Please familiarise yourself with the extreme weather policy for information about extreme weather and the cancellation of training and/or matches.

The decision to cancel training or matches due to wet or other extreme weather (hail, lightning etc) will be made by the Head of Sport, and the School will notify parents/caregivers as soon as practicably possible should inclement weather impact on training or fixtures.

The Extreme Weather Policy is accessible via the <u>Parent Portal</u>.

Water bottles and hats (summer season) are compulsory for all sports practices.

# Summer program (Terms I & 4)

YEARS	TRAINING	COMPETITION	<b>UNIFORM &amp; OTHER INFORMATION</b>
FOOTBALL (GIRLS) – TERM 4 ONLY			
Yr 5 - 6	Wed 12.40pm-1.40pm Atkinson Oval Adelaide Harriers (Park 20)	Park 17, Greenhill Road	Football guernsey and shorts (provided), navy football socks. Students will require a mouthguard and football boots are recommended.

ATHLETICS			
Yr I - 2	Thurs 3.30pm-4.45pm Adelaide Harriers (Park 20)	Nil	PE uniform

BASKETB	BASKETBALL		
Yr I - 2	Thurs 3.30pm-4.45pm Outdoor Court (behind Sports Centre)	Nil	PE uniform
Yr 3/4 boys	Tues 3.30pm-4.45pm South Terrace basketball court	Mon PM Wayville Stadium	PE shorts and Pulteney basketball singlet (purchased from Uniform Shop).
Yr 3/4 girls	Tues 3.30pm-4.45pm Prep basketball court	Weds PM Wayville Stadium	Students with games beginning at or before 4.35pm will be bused to the stadium and require collection from the
Yr 5/6 boys	Mon 3.30pm-4.45pm South Terrace basketball court	Tues PM Wayville Stadium	venue. All games scheduled for later than this will require private transport.
Yr 5/6 girls	Tues 3.30pm-4.45pm Outdoor Court (behind Sports Centre)	Weds PM Wayville Stadium	

CRICKET			
Yr I - 2	Thurs 3.30pm-4.45pm Adelaide Harriers Park 20	Nil	PE uniform
Yr 3 boys	Tues 3.30pm-4.45pm Adelaide Harriers Park 20	Sat AM Central venue TBC	PE top & white cricket pants SACA – Sturt Comp
Yr 4 boys	Tues 3.30pm-4.45pm Vaughton Oval, Park 20	Sat AM Home + away	
Yr 5/6 boys	Tues 3.30pm-4.45pm Vaughton Oval Park 20	Sat AM Home + away	
Yr 3/4 girls	Training day TBC – will be held over a lunchbreak.	Wed PM	PE Uniform
Yr 5/6 girls	neid over a iditentifeak.		

RECEPTION MULTIPSPORT PROGRAM – TERM 4 ONLY			
Reception only	Wed 3.30pm-4.45pm Outdoor Court (behind Sports Centre)	Nil	PE uniform

SWIMMING			
Yr 6 only	Mon 6.30am-7.30am Fri 6.30am-7.30am Pridham Hall, UniSA	Weds PM Term I only	Navy blue swim cap (provided) and own bathers Students catch the tram from Pridham Hall to Pulteney after training. Return bus from meets if outside 5km from Pulteney.

# Summer program (Terms I & 4) continued

TABLE TE	NNIS		
Yr 5/6 only	Tues 12.40pm – 1.40pm Sports Centre	Nil	PE uniform

TENNIS			
Yr I - 2	Thurs 3.30pm-4.45pm	Nil	PE uniform
	South Terrace		
	basketball court		
Yr 3/4	Mon 3.30pm-4.45pm	Internal	PE uniform
mixed	Tues 3.30pm-4.45pm		
	Tennis Centre		
Yr 5/6 girls	Tues 3.30pm-4.45pm	Fri 4.00pm – 5.15pm	PE uniform
_	Tennis Centre	Home + away	(beginner/intermediate)
Yr 5/6 boys	Tues 3.30pm-4.45pm	Fri 4.00pm – 5.15pm	PE uniform
	Tennis Centre	Home + away	

VOLLEYBA	LL		
Yr 5/6	Fri 12.30pm – 1.15pm	Fri 4pm – 5.20pm	PE uniform
	Sports Centre	St Peters Junior School	





# Winter program (Terms 2 & 3)

YEARS	TRAINING	COMPETITION	<b>UNIFORM &amp; OTHER INFORMATION</b>
AFL			
Yr 1/2	Thurs 3.30pm-4.45pm Adelaide Harriers (Park 20)	Nil	PE uniform
Yr 3	Tues 3.30pm-4.45pm Harris Oval (Park 20)	Sat AM Home + away	Pulteney football guernsey, shorts and navy football socks (purchased from the Uniform Shop). Mouthguards are compulsory.
Yr 4/5	Tues 3.30pm-4.45pm Harris Oval (Park 20)	Sat AM Home + away	Football boots are recommended.
Yr 6	Tues 3.30pm-4.45pm Atkinson Oval (Park 20)	Sat AM Home + away	

HOCKEY				
Yrs 3 - 6	Tues 3.30pm-4.45pm Adelaide Harriers (Park 20)	Fri PM Park 17	PE uniform Mouthguards & shinpads are compulsory	

NETBALL			
Yr I/2	Thurs 3.30pm-4.45pm	Nil	PE uniform
	Netball courts		
	(South Terrace)		
Yrs 3 - 6	Tues 3.30pm-4.45pm	Thurs PM	Pulteney netball dress (purchased from the Uniform Shop)
	ANZAC Hwy Courts	Priceline Stadium	
		(Thunder Cup)	

RECEPTION MULTIPSPORT PROGRAM – TERM 3 ONLY				
Reception	Wed 3.30pm-4.45pm	Nil	PE uniform	
only	Outdoor Court			
	(behind Sports			
	Centre)			

SOCCER			
Yr 1/2	Thurs 3.30pm-4.45pm Adelaide Harriers (Park 20)	Nil	PE uniform
Yr 3 boys	Tues 3.30pm-4.45pm Vaughton Oval (Park 20)	Fri PM Home + away	PE uniform Shinpads compulsory
Yr 4 boys	Tues 3.30pm-4.45pm Vaughton Oval (Park 20)	Fri PM Home + away	
Yr 5 boys	Tues 3.30pm-4.45pm Vaughton Oval (Park 20)	Sat AM Home + away	Pulteney Soccer uniform (purchased from the Uniform Shop) Shin pads compulsory
Yr 6 boys	Tues 3.30pm-4.45pm Vaughton Oval (Park 20)	Sat AM Home + away	
Yr 3/4 girls	Tues 3.30pm-4.45pm Vaughton Oval (Park 20)	Fri PM Home + away	PE uniform Shinpads compulsory
Yr 5/6 girls	Tues 3.30pm-4.45pm Vaughton Oval (Park 20)	Fri PM Home + away	

Full year programs (Terms I – 4)				
YEARS	TRAINING	COMPETITION	<b>UNIFORM &amp; OTHER INFORMATION</b>	
AIKIDO				
Yrs I - 2	Thurs 3.30pm-4.45pm Wyatt Hall	Nil	PE uniform + Gi provided	
Yrs 3 - 6	Thurs 12.40pm – 1.40pm Wyatt Hall	Nil	PE uniform + Gi provided Students will not be required to be in their Gi for the lunchtime session but will require their belt.	

ATHLETI	ATHLETICS (INCLUDES CROSS COUNTRY PROGRAM) YRS 3 - 6				
Term I Wks 2 - 6	Jnr Athletics (Track & Field) Mon, Wed 3.30 – 4.45pm Run Club Friday 7.20 – 8.20am	Internal	PE uniform		
Term I Wks 7 - 9	Cross Country Mon, Wed 3.30 – 4.45pm Run Club Friday 7.20 – 8.20am	Nil	PE uniform		
Term 2 Wks I - 9	Cross Country Mon 3.30 – 4.45pm Run Club Friday 7.20 – 8.20am	SAAS Cross Country Meets (Wed 3.30- 5.00pm) East Adl SAPSASA Cross Country Trials	PE uniform Students will be bused to and from Cross Country away meets.		
Term 3 Wks I - 10	Jnr Athletics (Track & Field) Mon, Wed 3.30 – 4.45pm Run Club Friday 7.20 – 8.20am	East Adl SAPSASA Athletics Trials Track and Field Metro State Day (for qualifiers from trials)	PE uniform		
Term 4 Wks I - 7	Jnr Athletics (Track & Field) Mon, Wed 3.30 – 4.45pm Run Club Friday 7.20 – 8.20am	Internal	PE uniform		

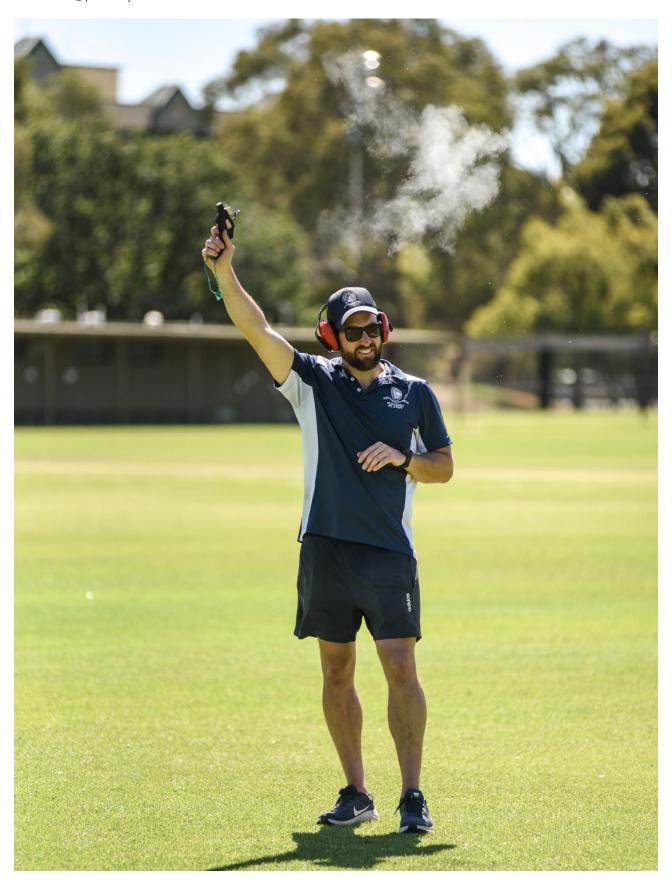
GYMNASTICS			
Reception - Semester 2 only	Held onsite at Pulteney Thurs 3.30pm – 4.45pm	Nil	PE uniform Numbers capped – students can only be involved for 1 semester (Terms 3/4)
Yrs I - 2	Held onsite at Pulteney Wed 3.30pm – 4.45pm	Nil	PE uniform Numbers capped – students can only be involved for 1 semester (Terms 1/2 or Terms 3/4)
<b>Yrs 3 – 4</b> Semester I only	Held onsite at Pulteney Thurs 3.30pm – 4.45pm	Nil	PE uniform Numbers capped – students can only be involved for 1 semester (Terms 1/2)

MULTI-SPORT PROGRAM			
Yrs I - 2	Tuesday 3.30 – 4.45pm Adelaide Harriers (Park 20)	Nil	PE uniform

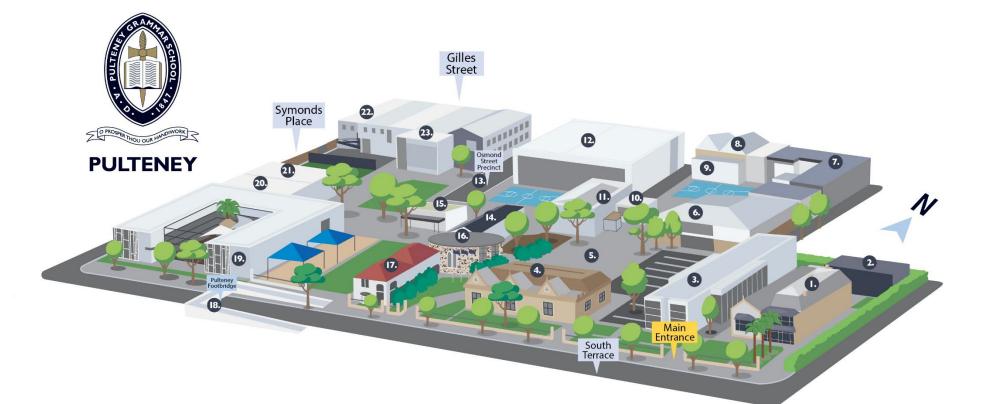
# Junior School Sport – key contact

# Head of Junior Sport

Ben Searle ben.searle@pulteney.sa.edu.au



## Campus Maps



- I. Main Reception (Allan Wheaton House)
- 2. Sam Leaker Courtyard
- 3. Year 7 Year 9 Middle School
- 4. Nicholls Performing Arts Centre
- 5. 175<sup>th</sup> Anniversary Quadrangle 6. Science (Gare Wing)
- 7. Year 3 Year 6 Prep School (Kearns)
- 8. Junior Resource Centre
- 9. Health Centre
- IO. Tuck Shop
- II. Wyatt Hall
- 12. The Robert Henshall Sports Centre
- 13. Osmond Street Precinct

- 14. Staff Room (Ray Wing North)
- Staff Room (Ray Wing North)
  Inclusive Education (Allen)
  The Chapel of St Augustine of Canterbury
  eServices (Ray Wing South)
  Pulteney Footbridge
  ELC Year 2 Kurrajong (Mackinnon)
  OSHC (The Factory)
  Middle & Senior School Resource Centre

- 22. Art Centre (Isaachsen)
- 23. Year 10 12 (Centre for Senior Learning)

Map is for indicative purposes only and is not to scale.



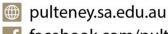


PULTENEY

# For further information

# **Pulteney Grammar School**

(08) 8216 5555



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